

أذكار  
اليوم والليلة

**DAILY ADHKĀR**

Authentic Remembrances & Supplications  
prescribed by the Messenger of Allah ﷺ

# بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَقَالَ رَبُّكُمْ ادْعُونِي أَسْتَجِبْ لَكُمْ.

“And your Lord said: ‘Call upon Me; I will respond to you.’” (40:60)

وَإِذَا سَأَلَكَ عِبَادِي عَنِّي فَإِنِّي قَرِيبٌ، أُجِيبُ دَعْوَةَ  
الدَّاعِ إِذَا دَعَانِ، فَلْيَسْتَجِيبُوا لِي وَلْيُؤْمِنُوا بِي  
لَعَلَّهُمْ يَرْشُدُونَ.

“When My servants ask you about Me, indeed I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them obey Me, and believe in Me that they may be guided.” (2:186)

“Allah ﷻ says:

‘I am as My slave thinks of me, and I am with him when he remembers Me. If he remembers Me within himself, I remember him within Myself; and if he remembers Me in a gathering, I remember him in a better gathering; and if he draws one span nearer to Me, I draw one cubit nearer to him; and if he draws one cubit nearer to Me, I draw a distance of two outstretched arms nearer to him; and if he comes to Me walking, I go to him running.’”

(Hadīth Qudsī, Bukhārī)



## ABOUT UMMAH WELFARE TRUST

Recent decades have seen this final Ummah encounter unprecedented trials and calamities. Millions who have taken Allah as their Lord and His Messenger ﷺ as their guide have suffered and perished amidst continuous wars, natural disasters and enforced poverty.

Since 2001, Ummah Welfare Trust has been working to fulfil the rights of those suffering by providing assistance in areas of nutrition, education, health, shelter, income and spiritual well-being.

Alhamdulillah, the relief and succour brought to the lives of millions of our brothers and sisters has been made possible thanks to the generosity of Ummah Welfare Trust's donors. May their Sadaqah increase them in provisions, repel oncoming evils, and be a shade for them on the Day of Judgement.

We ask Allah to accept our small efforts and enable us to increase in assistance to the Ummah of His Beloved Messenger ﷺ. May He, Who is a refuge for the weak and oppressed, remove the difficulties of the Ummah, strengthen its resolve, and restore its honour. May the condition of the Muslims be rectified and the Truth prevail throughout the lands. Āmīn.

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## INTRODUCTION

Praise be to Allah, who bestowed upon us the gift of remembering Him, who blessed us with His beautiful words so that we may know Him and who brought comfort to our hearts by enabling us to worship Him. May peace and blessings be upon the best of creation, Muhammad ﷺ, the Prophets, the Companions and the Righteous.

Allah has praised the men and women who remember Him frequently (33:35) *وَالذَّاكِرِينَ اللَّهَ كَثِيرًا وَالذَّاكِرَاتِ*. Commenting on this āyah, ‘Abdullah ibn ‘Abbās رضي الله عنه said: “It refers to those who remember Allah after the prayers, in the morning and evening, upon going to bed and when waking up, leaving or entering the house.” (al-Adhkār)

This concise book of adhkār aims to highlight the established and indispensable daily adhkār prescribed by the Messenger of Allah ﷺ, which are found in the authentic sources. An introductory chapter outlines the essentials that every believer should take as provisions in his journey to Allah. This is followed by three chapters dedicated to the daily morning and evening adhkār, the adhkār before sleeping, and the adhkār after the fardh prayers, as per the statement of

Ibn ‘Abbās . The fourth chapter contains general daily adhkār, and the final chapter titled ‘The Remedy’ consists of adhkār related to the cure and treatment of illnesses, the evil eye and magic. Special attention has been given to the morning and evening adhkār to revive this oft-neglected Sunnah of the Messenger of Allah . For the benefit of the readers, translations of the adhkār and their virtues where applicable have been included.

Ummah Welfare Trust humbly requests its readers to benefit from this free publication as they journey to the Hereafter by remembering and supplicating to Allah with that which most pleases Him. We ask Allah to grant us the ability to be consistent with the daily adhkār. May He make us amongst those who remember Him frequently, enable us to live our lives in ‘ubūdiyyah (servitude) to Him and protect us from the trials and tribulations of this world and the Hereafter.

Ummah Welfare Trust

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‘The best and most beneficial dhikr is when one remembers Allah with the tongue and the heart, it is from the Sunnah adhkār, and one is conscious of its meaning and its purpose.’ (Ibn al-Qayyim )

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