

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

ILM UL MUKARRAM
“DARSUL HADITH”

LESSONS FROM AHÂDEETH SHAREEF

commentary on

40 ahâdeeth | arba'een | of Imaam Nawawi

رحمة الله عليه

with emphasis on perfecting one's character

Notes by Maulana Naeem Motala

Hadith 11

BEING CAUTIOUS OF THE DOUBTFUL

Delivered as Jummah Bayaan Baitul Mukarram.

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عَنْ أَبِي مُحَمَّدٍ الْحَسَنِ بْنِ عَلِيِّ بْنِ أَبِي طَالِبٍ سِبْطِ رَسُولِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ
وَرِيحَانَتِهِ رَضِيَ اللَّهُ عَنْهُمَا، قَالَ

حَفِظْتُ مِنْ رَسُولِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

دَعَا مَا يُرِيْبُكَ إِلَى مَا لَا يُرِيْبُكَ

رَوَاهُ التِّرْمِذِيُّ وَالنَّسَائِيُّ

وَقَالَ التِّرْمِذِيُّ: حَدِيثٌ حَسَنٌ صَحِيْحٌ

Hazrat Abu Muhammad Al-Hassan ibn Ali ibn Abi Taalib,

the grandson of Rasulullah Sallallahu Alayhi Wa Sallam,

and the one who is dearest to him, Radiyallahu Anhuma said:

I committed to memory from Rasulullah Sallallahu Alayhi Wa Sallam (the following words):

“Leave that which makes you doubtful, for that which does not make you doubtful.”

Al-Tirmidhi and al-Nasafi related it, and al-Tirmidhi said:

It is a good and sound Hadith.

This Hadith highlights the importance of refraining from anything that is unclear and doubtful.

Doubtful things cause restless and tension in the heart.

A person then becomes hesitant and restless. He is unsure whether he could engage in that particular action or consume that particular food or not, hence, Rasulullah Sallallahu Alayhi Wa Sallam, very simply has mentioned to us a principle that we should leave out anything that is doubtful for that which is not doubtful.

We have been encouraged to become careful.

There have been many incidents of the Salafe- Sauliheen where because of some doubt that occurred, they would leave out thousands of cash that they would have received as inheritance.

So, we have been shown a method that will leave us with peace and tranquillity in our hearts by adopting this clear principle.

When a person is careful then:

- it will lead him to enjoy a tranquil heart and a peaceful mind.

- it will distance him from anything that is unacceptable or Haraam.
- he will become more cautious in following Allah Subhaanahu Wa Ta'ala's command.
- it will assist him in his Duaa's being answered because Allah Subhaanahu Wa Ta'ala answers a person's dua when his income is Halaal and he consumes Halaal.
- and, it will save a person from the punishment of Allah Subhaanahu Wa Ta'ala.

There is an incident behind this Hadith, wherein Sayyidina Hassan, the son of Hazrat Ali Radiyallahu Anhuma, was asked:

“What do you remember from Rasulullah Sallallahu Alayhi Wa Sallam?”

He said: “I remember that I had taken a date from the dates of Sadaqah and I put it in my mouth.

Rasulullah Sallallahu Alayhi Wa Sallam quickly removed it from my mouth and threw it aside.”

A person then asked:

“What was the problem in you eating the date?”.

Rasulullah Sallallahu Alayhi Wa Sallam explained to me that... “We [Ahle Bayt] do not eat Sadaqah”.

Rasulullah Sallallahu Alayhi Wa Sallam further explained:

“Leave that which makes you doubtful, for that which does not make you doubtful.”