

Mukarram Advice

Baitul Mukarram

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Remembrance of Allah Ta'ala

The four blessed phrases, that our beloved Nabi Sallallahu-Alayhi-Wasallam has instructed us to remember Allah with and to remember Allah regularly using these words. They are:

“سبحان الله والحمد لله ولا إله إلا الله والله أكبر”

Which mean:

Glory be to Allah, praise be to Allah, there is no Ila (Lord) but Allah and Allah is great.

These four phrases are very light on the tongue, but they have many blessings:

1. They are the most beloved phrases to Allah.

Imam Muslim Rahimahullah narrated on the authority of Samrah Ibn Jandab Radiyallahu Anhu that Nabi Sallallahu-Alayhi-Wasallam said:

“The most beloved words to Allah are:

سبحان الله والحمد لله ولا إله إلا الله والله أكبر

2. They are the most beloved phrases to Nabi Sallallahu-Alayhi-Wasallam.

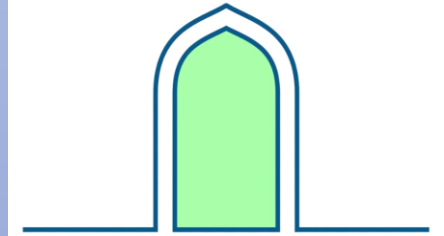
On the authority of Abu-Hurairah Radiyallahu Anhu, he said that Nabi Sallallahu-Alayhi-Wasallam said:

“For me to say “سبحان الله والحمد لله ولا إله إلا الله والله أكبر”

is more beloved to me than anything over which the sun rises.”

3. These words cause one's sins to be forgiven.

Imaam Tirmidhi Rahimahullah narrated that Amr Ibn Al-Aaas Radiyallahu Anhu said that Nabi Sallallahu-Alayhi-Wasallam said:



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“Whoever says:

“سبحان الله والحمد لله ولا إله إلا الله والله أكبر”

will be forgiven his sins even if it were the size of the foam in the sea.”

4. They are the best words.

Nabi Sallallahu-Alayhi-Wasallam said:

“Four phrases, they are the best words, they are from the Quran and it does not matter with which you begin,

“سبحان الله والحمد لله ولا إله إلا الله والله أكبر”

5. These words are the seeds of Jannah.

On the authority of Abdullah ibn Masood Radiyallahu Anhu, who said: Nabi Sallallahu-Alayhi-Wasallam said:

“I met Nabi Ibraheem on the night of Israa, and he said to me, Oh Muhammad, pass my regards to your ummah and tell them that Jannah has a blessed soil, pure water and its seeds are:

“سبحان الله والحمد لله ولا إله إلا الله والله أكبر”

6. From their blessings is that they are a shield against fire of Jahannam to those who repeat them often.

Abu Hurairah Radiyallahu Anhu narrated that Nabi Sallallahu-Alayhi-Wasallam said:

“Take your protection”, the Sahabah asked: “From our enemies?”

He Sallallahu-Alayhi-Wasallam said; *“No but from the fire of Jahannam, say:*

“سبحان الله والحمد لله ولا إله إلا الله والله أكبر”

Indeed, these words come on the Day of Judgment and save from hellfire and they are of the deeds that will remain.”

7. Theses phrases are blessings that circle the throne of Allah making a sound like the humming of bees.

Nabi Sallallahu-Alayhi-Wasallam said:

“What you say from

سبحان الله والحمد لله ولا إله إلا الله والله أكبر”

come on the Day of Judgment orbiting Allah's throne, humming like bees of those who said them, and they are the savers from the fire of Jahannam and the good deeds that remain."

8. These words were chosen by Allah for His slaves and He promised big rewards for them.

On the authority of Abu-Hurairah Radiyallahu Anhu that Nabi Sallallahu-Alayhi-Wasallam said:

"Allah has chosen amongst all the words, the words of

سبحان الله والحمد لله ولا إله إلا الله والله أكبر

Whosoever says سبحان الله will be given twenty rewards and 20 of his sins will be forgiven,

Whoever says لا إله إلا الله shall have the same,

And whoever says الله أكبر will also have the same.

Whoever says الحمد لله رب العالمين from himself, will be given 30 rewards and 30 of his sins will be forgiven."

9. They are heavy on the scales of the slave on the Day of Judgement.

Nabi Sallallahu-Alayhi-Wasallam said:

"Oh, how heavy are they on the scales,

سبحان الله والحمد لله ولا إله إلا الله والله أكبر

for a righteous son or daughter who dies, and the believer awaits the rewards from Allah and is patient."

10. They have the rewards of Sadaqah.

Imam Muslim Rahimahullah narrated that some people from amongst the companions of Nabi Sallallahu-Alayhi-Wasallam came to him and said:

"O Messenger of Allah, the rich have taken away (all the) reward.

They observe prayer as we do;

They keep the fast as we keep,

They give Sadaqah out of their extra wealth."

Upon this Nabi Sallallahu-Alayhi-Wasallam said:

"Has Allah not prescribed for you a way by following which you can (also) do Sadaqah?

In every declaration of the glorification of Allah (i.e. saying Subhan Allah) there is a Sadaqah

And every Takbir (i.e. saying Allah-Akbar) is a Sadaqah,

And every praise of His (saying al-Hamdu Lillah) is a Sadaqah,

And every declaration that He is One (La illha ill-Allah) is a Sadaqah,

And enjoining of good is a Sadaqah, and forbidding of that which is evil is a Sadaqah,

11. Abdullah ibn Abu Awfa Radiyallahu Anhu narrated that a man came to Nabi Sallallahu-Alayhi-Wasallam and said:

"I cannot memorise anything from the Qur'an, so, teach me something which is sufficient for me".

Nabi Sallallahu-Alayhi-Wasallam said: Say:

سبحان الله والحمد لله ولا إله إلا الله والله أكبر

"Say Glory be to Allah, and praise be to Allah, and there is no Ila but Allah, and Allah is most great, and there is no might and no strength but in Allah."

The man said: "O, Messenger of Allah, this is for Allah, but what is for me?"

Nabi Sallallahu-Alayhi-Wasallam said:

"Say: O Allah have mercy on me, and sustain me, and keep me well, and guide me."

When he stood up, he made a sign with his hand (indicating that he had earned a lot).

The Messenger of Allah Sallallahu-Alayhi-Wasallam said:

"He has filled his hand with virtues."

These words are few and they are easy to say,

but their reward is great, especially when the tongue says them, and the heart is devout.

So be sure to say them as frequently as you can.

May Allah Ta'ala give us all Tawfeeq.

Ameen.